



Cape Town Judo Association Tournament Details

Details of the upcoming OPEN Judo Tournament to be held by CTJA

DATE: 5 October 2019

VENUE: BELHAR Indoor Sport Centre, Proton Road, BELHAR

GPS: S33.938759 E18.633770

THIS DOCUMENT CONTAINS 4 PAGES. Please read all of them carefully

ENTRY FEES: R 90-00 (First Entry)
R 50-00 (Second Entry)

MEDALS: 1st, 2nd and 3rd

WEIGH-IN DETAILS

Age Groups	Weigh-in Times	Notes
6 7 8 9 & 10yrs old-Girls & Boys (Born between 2009 & 2013) Or your age and weight as in 2020	10h00 – 10h30	- Contests will begin as soon as possible after completion of the draw sheets. - Coaches to ensure that players fill in the correct entry slip
11yrs 12yrs & Gr 3 Girls & Boys (Born between 2005 & 2008) Or your age and weight as in 2020	10h45 – 11h15	
GROUPS 4, 5, 6 & Masters Males & Females (Born 2004 & earlier)	11h30– 12h00	

CTJA TOURNAMENT RULES

- CTJA Managers (Old New and volunteers) are requested to do the WEIGH-IN of all the participants. **Weigh-in masters to please report at 9h45**
- ALL Officials, Referees T/O Managers and Coaches to please report at 10h00**
- All Technical Officials and Referees (Old and New) are requested to officiate at the tournament.
- For a complete list of rules, please see the “JUDO SOUTH AFRICA - TOURNAMENT PARTICIPATION RULES” below
- This competition will be the first Trials for the SA 2020.**
- As from 9years the age and weight categories will be combined if there are less than 3 in an age and weight category
- Master - categories will be determined based on entries received
- No parents or coaches are allowed behind the tables at any time
- No liquids in the Competition area**
- System of elimination - Loser's pool and Round Robin (five or less entrants).
- Referee Rules – as per IJF Rules applicable from 2019 (Group 1 and 2 according to JSA amendments)
- Please wear shoes to the tournament and to the side of the Contest Area**

DRESS CODE FOR OFFICIALS

- Weigh-in Masters Technical Officials and Managers – black pants, white shirt, red jacket (or black jacket if not in possession of a red jacket) and tie
- Referee and Coaches – As per IJF and/or JSA rules

ENQUIRIES:

Lorette Gouws 082 658 2241 (Tournament Director)
Alex Gasson 0713074100 (Chairman)
Hildegard Woodman 0822 958 505 (Secretary)

Refreshment will be on sale. Please come and enjoy the day with us.

2020 AGE CATEGORIES

BIRTH YEAR	AGE	GROUP
2014	6	6 Years
2013	7	7 Years
2012	8	8 Years
2011	9	9 Years
2010	10	10 Years
2009	11	11 Years
2008	12	12 Years
2007	13	Group 3
2006	14	
2005	15	
2004	16	Group 4
2003	17	
2002	18	
2001	19	Group 5
2000	20	
1999	21	
1998	22	Group 6
1997	23	
1996	24	
1995	25	
1994	26	
1993	27	
1992	28	
1991	29	
1990	30	Masters 30 - 34
1989	31	
1988	32	
1987	33	
1986	34	
1985	35	Masters 35 - 39
1984	36	
1983	37	
1982	38	
1981	39	
1980	40	Masters 40 - 44
1979	41	
1978	42	
1977	43	
1976	44	
1975	45	Masters 45 - 49
1974	46	
1973	47	
1972	48	
1971	49	
1970	50	Masters 50 - 54
1969	51	
1968	52	
1967	53	
1966	54	
1965	55	Masters 55 - 59
1964	56	
1963	57	
1962	58	
1961	59	
1960	60	Masters 60+

WEIGHT CATEGORIES
MALES 2019

SENIOR MEN 21 YEARS & OLDER GROUP 6	JUNIOR MEN 18, 19, 20 YEARS GROUP 5	CADETS BOYS 15, 16, 17 YEARS GROUP 4	BOYS 13, 14 YEARS GROUP 3	BOYS 12 YEARS	BOYS 11 YEARS	BOYS 10 YEARS	BOYS 9 YEARS
Strangulations & arm locks allowed			No arm locks, ONLY strangulations	No strangulations or arm locks			
-56	-55	-46	-34	-27	-27	-24	-24
-60	-60	-50	-38	-30	-30	-27	-27
-66	-66	-55	-42	-34	-34	-30	-30
-73	-73	-60	-46	-38	-38	-34	-34
-81	-81	-66	-50	-42	-42	-38	-38
-90	-90	-73	-55	-46	-46	-42	-42
-100	-100	-81	-60	-50	-50	-46	-46
100+	100+	-90	-66	-55	-55	-50	-50
		90+	66+	-60	-60	50+	50+
				60+	60+		
Born 1998 & earlier	Born, 1999, 2000, 2001	Born 2002, 2003, 2004	Born 2005 & 2006	Born 2007	Born 2008	Born 2009	Born 2010
4 Minutes		4 Minutes	3 Minutes	2 Minutes			

FEMALES 2019

SENIOR WOMEN 21 YEARS & OLDER GROUP 6	JUNIOR WOMEN 18, 19, 20 YEARS GROUP 5	CADETS LADIES 15, 16, 17 YEARS GROUP 4	GIRLS 13, 14 YEARS GROUP 3	GIRLS 12 YEARS	GIRLS 11 YEARS	GIRLS 10 YEARS	GIRLS 9 YEARS
Strangulations & arm locks allowed			No arm locks, ONLY strangulations	No strangulations or arm locks			
-48	-44	-40	-36	-28	-28	-25	-25
-52	-48	-44	-40	-32	-32	-28	-28
-57	-52	-48	-44	-36	-36	-32	-32
-63	-57	-52	-48	-40	-40	-36	-36
-70	-63	-57	-52	-44	-44	-40	-40
-78	-70	-63	-57	-48	-48	-44	-44
78+	-78	-70	-63	-52	-52	44+	44+
	78+	70+	63+	-57	-57		
				57+	57+		
Born 1998 & earlier	Born, 1999, 2000, 2001	Born 2002, 2003, 2004	Born 2005 & 2006	Born 2007	Born 2008	Born 2009	Born 2010
4 Minutes			3 Minutes	2 Minutes			

MASTERS 2019

30 – 34	:	1985 - 1989	Weight categories : - Males: -60, -66, -73, -81, -90, -100,100+ - Females: -48,-52,-57 -63,-70,-78,78+
35 – 39	:	1980 - 1984	
40 – 44	:	1975 - 1979	
45 – 49	:	1970 - 1974	
50 – 54	:	1965 – 1969	
55 – 59	:	1960 - 1964	

60+	:	1959 and earlier	
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JSA TOURNAMENT PARTICIPATION RULES for NRE and SAs

Please note that if a Judoka chooses to enter into more than one category/weight (where applicable), he/she must enter into his/her OWN AGE & WEIGHT CATEGORY first, before entering into a second one!

GROUP	
9, 10 Years	(1) Own weight/age category only. <i>The only exception that will be made is at the last NRE of the year where younger players i.e. (turning 9 the following year) may participate to accumulate points for the next year only.</i>
11, 12 years	(1) Own weight/age category only
3 13, 14 years	(1) Own weight category in Group 3. (2) Same weight category in Group 4. Must enter in own age & weight category first, before entering higher category
4 15, 16, 17 years	(1) Own weight category in Group 4. (2) One weight category higher in Group 4. (3) Own weight category in Group 5. (4) One weight category higher in Group 5. Must enter in own age & weight category first, before entering higher category
5 18, 19, 20 years	(1) Own weight category in Group 5. (2) One weight category higher in Group 5. (3) Own weight category in Group 6. (4) One weight category higher in Group 6. Must enter in own age & weight category first, before entering higher category
6 21 years & older	(1) Own weight category in Group 6. (2) One weight category higher in Group 6. Must enter in own weight category first, before entering higher category