



Cape Town Judo Association Tournament Details

Details of the upcoming OPEN Judo Tournament to be held by CTJA

DATE 3 August 2019

VENUE BELHAR Indoor Sport Centre, Proton Road, BELHAR

GPS S33.938759 E18.633770

THIS DOCUMENT CONTAINS 4 PAGES. Please read all of them carefully

ENTRY FEES R 90-00 (First Entry)
R 50-00 (Second Entry)

MEDALS 1st, 2nd and 3rd

WEIGH-IN DETAILS

Age Groups	Weigh-in Times	Notes
6 7 8 9 & 10yrs old-Girls & Boys (Born between 2009 & 2013)	10h00 – 10h30	- Contests will begin as soon as possible after completion of the draw sheets. - Coaches to ensure that players fill in the correct entry slip
11yrs 12yrs & Gr 3 Girls & Boys (Born between 2005 & 2008)	11h00 – 11h30	
GROUPS 4, 5, 6 & Masters Males & Females (Born 2004 & earlier)	12h00 – 12h30	

CTJA TOURNAMENT RULES

- CTJA Managers (Old New and volunteers) are requested to do the WEIGH-IN of all the participants. **Weigh-in masters to please report at 9h45**
- ALL Officials, Referees T/O Managers and Coaches and to please report at 10h00 for an information session**
- All Technical Officials and Referees (Old and New) are requested to officiate at the tournament.
- Dress code as outlined below
- Proof of age will be requested. Please bring a copy of your birth certificate with
- For a complete list of rules, please see the “JUDO SOUTH AFRICA - TOURNAMENT PARTICIPATION RULES” below
- As from Group 3 age and weight categories will be combined if there are less than 3 in an age and weight category
- Master - categories will be determined based on entries received
- No parents or coaches are allowed behind the tables at any time
- No liquids in the Competition area**
- System of elimination - Loser's pool and Round Robin (five or less entrants).
- Referee Rules – as per IJF Rules applicable from 2019 (Group 1 and 2 according to JSA amendments)
- Please wear shoes to the tournament and to the side of the Contest Area**

DRESS CODE FOR OFFICIALS

- Technical Officials Managers and Weigh-in Masters – black pants, white shirt, red jacket (or black jacket if not in possession of a red jacket)
- Referee and Coaches – As per IJF and/or JSA rules

ENQUIRIES:

Lorette Gouws	082 658 2241 (Tournament Director)
Alex Gasson	071 307 4100 (Chairman)
Hildegard Woodman	082 295 8505 (Secretary)

Refreshment will be on sale. Please come and enjoy the day with us.

2019 AGE & WEIGHT CATEGORIES

BIRTH YEAR	AGE	GROUP
2013	6	6 Years
2012	7	7 Years
2011	8	8 Years
2010	9	9 Years
2009	10	10 Years
2008	11	11 Years
2007	12	12 Years
2006	13	Group 3
2005	14	
2004	15	
2003	16	Group 4
2002	17	
2001	18	
2000	19	Group 5
1999	20	
1998	21	
1997	22	Group 6
1996	23	
1995	24	
1994	25	
1993	26	
1992	27	
1991	28	
1990	29	
1989	30	
1988	31	
1987	32	Masters 30 - 34
1986	33	
1985	34	
1984	35	
1983	36	
1982	37	Masters 35 - 39
1981	38	
1980	39	
1979	40	
1978	41	
1977	42	Masters 40 - 44
1976	43	
1975	44	
1974	45	
1973	46	
1972	47	Masters 45 - 49
1971	48	
1970	49	
1969	50	
1968	51	
1967	52	Masters 50 - 54
1966	53	
1965	54	
1964	55	
1963	56	
1962	57	Masters 55 - 59
1961	58	
1960	59	
1959	60	
		Masters 60+

WEIGHT CATEGORIES
MALES

SENIOR MEN 21 YEARS & OLDER GROUP 6	JUNIOR MEN 18, 19, 20 YEARS GROUP 5	CADETS BOYS 15, 16, 17 YEARS GROUP 4	BOYS 13, 14 YEARS GROUP 3	BOYS 12 YEARS	BOYS 11 YEARS	BOYS 10 YEARS	BOYS 9 YEARS
Strangulations & arm locks allowed			No arm locks, ONLY strangulations	No strangulations or arm locks			
-56	-55	-46	-34	-27	-27	-24	-24
-60	-60	-50	-38	-30	-30	-27	-27
-66	-66	-55	-42	-34	-34	-30	-30
-73	-73	-60	-46	-38	-38	-34	-34
-81	-81	-66	-50	-42	-42	-38	-38
-90	-90	-73	-55	-46	-46	-42	-42
-100	-100	-81	-60	-50	-50	-46	-46
100+	100+	-90	-66	-55	-55	-50	-50
		90+	66+	-60	-60	50+	50+
				60+	60+		
Born 1998 & earlier	Born, 1999, 2000, 2001	Born 2002, 2003, 2004	Born 2005 & 2006	Born 2007	Born 2008	Born 2009	Born 2010
4 Minutes		4 Minutes	3 Minutes	2 Minutes			

FEMALES

SENIOR WOMEN 21 YEARS & OLDER GROUP 6	JUNIOR WOMEN 18, 19, 20 YEARS GROUP 5	CADETS LADIES 15, 16, 17 YEARS GROUP 4	GIRLS 13, 14 YEARS GROUP 3	GIRLS 12 YEARS	GIRLS 11 YEARS	GIRLS 10 YEARS	GIRLS 9 YEARS
Strangulations & arm locks allowed			No arm locks, ONLY strangulations	No strangulations or arm locks			
-48	-44	-40	-36	-28	-28	-25	-25
-52	-48	-44	-40	-32	-32	-28	-28
-57	-52	-48	-44	-36	-36	-32	-32
-63	-57	-52	-48	-40	-40	-36	-36
-70	-63	-57	-52	-44	-44	-40	-40
-78	-70	-63	-57	-48	-48	-44	-44
78+	-78	-70	-63	-52	-52	44+	44+
	78+	70+	63+	-57	-57		
				57+	57+		
Born 1998 & earlier	Born, 1999, 2000, 2001	Born 2002, 2003, 2004	Born 2005 & 2006	Born 2007	Born 2008	Born 2009	Born 2010
4 Minutes			3 Minutes	2 Minutes			

MASTERS

30 – 34	:	1985 - 1989	Weight categories : - Males: -60, -66, -73, -81, -90, -100, 100+ - Females: -48, -52, -57 -63, -70, -78, 78+
35 – 39	:	1980 - 1984	
40 – 44	:	1975 - 1979	
45 – 49	:	1970 - 1974	
50 – 54	:	1965 – 1969	
55 – 59	:	1960 - 1964	
60+	:	1959 and earlier	

JSA TOURNAMENT PARTICIPATION RULES

Please note that if a Judoka chooses to enter into more than one category/weight (where applicable), he/she must enter into his/her OWN AGE & WEIGHT CATEGORY first, before entering into a second one!

GROUP	
9, 10 Years	(1) Own weight/age category only. <i>The only exception that will be made is at the last NRE of the year where younger players i.e. (turning 9 the following year) may participate to accumulate points for the next year only.</i>
11, 12 years	(1) Own weight/age category only
3 13, 14 years	(1) Own weight category in Group 3. (2) Same weight category in Group 4. Must enter in own age & weight category first, before entering higher category
4 15, 16, 17 years	(1) Own weight category in Group 4. (2) One weight category higher in Group 4. (3) Own weight category in Group 5. (4) One weight category higher in Group 5. Must enter in own age & weight category first, before entering higher category
5 18, 19, 20 years	(1) Own weight category in Group 5. (2) One weight category higher in Group 5. (3) Own weight category in Group 6. (4) One weight category higher in Group 6. Must enter in own age & weight category first, before entering higher category
6 21 years & older	(1) Own weight category in Group 6. (2) One weight category higher in Group 6. Must enter in own weight category first, before entering higher category